



## 5,000 food parcels distributed

Paignton Community Larder has now been running for three years, and we are proud to say we have been able to help many families and individuals in need, sending out 5,000 food parcels. During this time we have also helped by sign posting people to other help and support agencies.

### Items needed

**Biscuits**

**Jam**

**Tinned meat**

**Tinned meals**

**Pasta N Sauce**

**Noodles**

**Tinned potatoes**

**Jars of Pasta Sauce**

**Squash**

**Flavoured rice**

**Custard**

We still have many collection points open so if you are able to donate, please help:-

Austin's Newsagents Torbay Road.

Paignton Tesco's,

All Paignton Co-op's

Lidl Paignton Town

Torquay Tesco Fleet Street

Morrison's

Yorkshire Building Society  
Hyde Road

or please drop donations to us at St Andrews Church.

12-2 Monday to Thursday.

Contact:-

Email:

[communitylarder@outlook.com](mailto:communitylarder@outlook.com)

Website:

[paigntoncommunitylarder.org.uk](http://paigntoncommunitylarder.org.uk)

Telephone 07895 925872

Or call in and see us at

St Andrews Church, Sands Road.

Monday to Thursday 12-2.

## Celebrating our hard working volunteers in this difficult time.

Volunteers have been working extra hard during the past six months helping to get food parcels to many people. At one point our food parcels going out tripled and our volunteers decreased due to some shielding but with good social distancing practices in place we have helped many in need.

With a lot of talk about a second wave in the winter, Paignton Community Larder are very mindful of the need to be ready this time and have been working very hard to get food from different sources. Our usual donations get us by weekly but when things got busier we were having to do many daily shopping trips. Lidl in Newton Abbot stepped in and offered help to buy in bulk from them. Fareshare in Bristol, although we are not normally an area they were able to cover, helped us by supplying pallets of food at discounted prices. Cash donations enabled us to purchase what was needed. Thank you all for your continued support.

Although Harvest Festivals may look slightly different this year in schools and churches we really value your support. Please see our list of items needed or monetary donations are welcome. These can be sent by cheque or please contact us for our bank details.

We are also starting to think about Christmas hampers which we are eager to supply again this year. We will send a list out next month with details of our plans. We wish to help as many people as possible have an enjoyable Christmas with extra treats that they would not be able to have if it wasn't for our caring community.

Many more people are finding themselves in a place of hardship and these numbers are predicted to rise, especially people that have never had to use a foodbank before. If you, or someone you know, are in need please contact the Community Helpline on 01803 446022 Monday to Friday 10am to 6pm.