



## Newsletter Issue 5

Contact:-

Email: [communitylarder@outlook.com](mailto:communitylarder@outlook.com)

Telephone 07895925872

Or call in and see us at Christ Church  
Tuesday Wednesday and Thursday 12-2.

# A

## busy start to the year

### 323 Food parcels this year already

A huge thank you to all our supporters and volunteers, without you all Paignton Community Larder would not be helping this many families and individuals who find themselves in a place of hardship. Although we only open to the public for collection 6 hours a week a lot of work goes into being able to do this, our volunteers put in over an amazing 100 hours a week.

Christmas was a huge success and we managed to send out 60 Christmas hampers to families. Another huge thank you to everyone who donated and volunteered their time.

### Supporting Healthy eating

As well as the non-perishable items we give fresh fruit and veg donated from Riverford, Co-op and Lidl. We have been lucky enough to get some funding from South Devon and Torbay Community Grants fund and Kevin Foster Fund for some family cooking courses where families can work together having fun to make families meals that are cheap, quick and easy. If anyone would like to volunteer for this project or come along as a family please get in touch.

### Garden Party

We are holding a garden party on the 18<sup>th</sup> May 11-3 in aid of The larder. Please come along and join us, a small entry fee of an item of non-perishable food would be gratefully received. Also we are looking for any new toiletries for a stall please.

### Items needed

Although we have some wonderful donations there are some items that we are regularly short of.

Tinned/Packet Potatoes	Flavoured Cous Cous
Tinned Hot Dogs	Pot Noodles
Tinned meat	Packet Noodles
Pasta in Sauce	Biscuits
Rice Pudding	Custard
Jam	Tinned tomatoes
UHT Milk	Tinned Fish
Toiletries	Squash



Co-op, Tesco's and Lidl's have generously been donating to us bread, fruit, vegetables and flowers. We have received so much joy from people receiving the flowers from us it has been heart warming. Pictured one of our lovely volunteers Michelle who shared the love on Valentines day.

### Collection points

We are frequently asked where people can donate food items to as well as most churches the can also be taken to:-

Tesco Paignton  
Tesco Torquay  
Morrisons  
The Foot Clinic  
Christ Church 12-2 Monday - Friday  
Centre Peace  
Barton Baptist Church  
Outlook Charity Shop Palace Ave  
Old Farm surgery

If anyone can offer us a collection point please get in touch.

